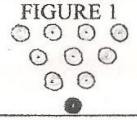
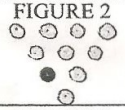
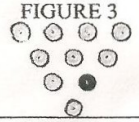
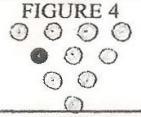
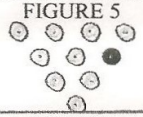
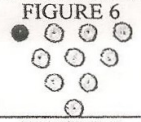
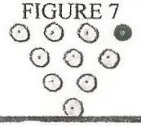
NOM :…… **PREPARATION A LA QUILLE VERTE** *Document ETD 66 – Equipe Technique Départementale*

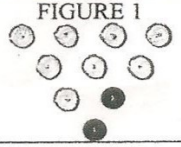
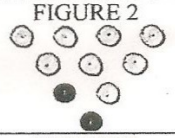
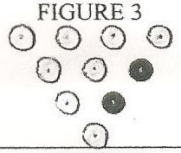
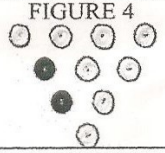
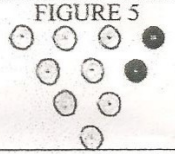
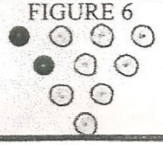
1°/ QUILLES SEULES – Exigence : **10 / 14**

☒ réussi ❑ raté

FIGURE 1 	2 LANCERS	❑ ❑
FIGURE 2 	2 LANCERS	❑ ❑
FIGURE 3 	2 LANCERS	❑ ❑
FIGURE 4 	2 LANCERS	❑ ❑
FIGURE 5 	2 LANCERS	❑ ❑
FIGURE 6 	2 LANCERS	❑ ❑
FIGURE 7 	2 LANCERS	❑ ❑
TOTAUX		pts : /14

2°/ POCHES DE SPARES – Exigence : **6 / 12**

☒ réussi ❑ raté

FIGURE 1 	2 LANCERS	❑ ❑
FIGURE 2 	2 LANCERS	❑ ❑
FIGURE 3 	2 LANCERS	❑ ❑
FIGURE 4 	2 LANCERS	❑ ❑
FIGURE 5 	2 LANCERS	❑ ❑
FIGURE 6 	2 LANCERS	❑ ❑
TOTAUX		pts : 7 /12

3°/ ANALYSE DE 2 PARTIES - Exigences :

(boules > ou = 8 et boules poches : **10/20**) (strikes : **4/20**)

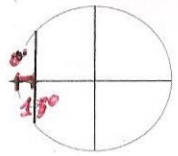
☒ réussi ❑ raté

NOMBRE DE FRAMES	① BOULE POCHE	② QUILLES > ou = à 8	③ BOULE STRIKE
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
TOTAUX	/20	/20	/20

4°/ LÂCHERS entre 0° et 15°

Exigence : **4 / 6** ☒ réussi ❑ raté

Le candidat matérialise l'axe de rotation de sa boule. Après y avoir marqué le PAP, le candidat doit réaliser au minimum 4 lancers avec un lâcher compris entre 0° et 15° sur 6 essais.

	6 LANCERS ❑ ❑ ❑ ❑ ❑ ❑